



DISCLAIMER:

The *Meadview Monitor* is an official publication of the: Meadview Civic Association, MCA

(a membership association)
P.O. Box 217
Meadview, AZ 86444
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mca@citlink.net
Please put "Meadview Monitor" in the subject line of your submission. Notice in the *Meadview Monitor* is official notice of any and all proceedings of the MCA.

Submissions become the property of the MCA.

We will not publish any letters or ads that are unsuitable for this newsletter or for which the MCA be held liable. The Board of Governors will make the final decisions on those letters, ads and/or articles that are printed. All articles must have a by-line. All letters must have a name and a traceable address.

MEADVIEW

NOVEMBER / DECEMBER

MONITOR 2025



INSIDE THIS ISSUE:

- 2**
- PRESIDENT'S
LETTER**
- 3**
- MCA INFORMATION**
- 4-7**
- MEADVIEW
HISTORY**
- 8-13**
- COMMUNITY
EVENTS &
INFORMATION**
- 14-15**
- COMMUNITY
ADVERTISEMENTS**
- 16**
- CHURCH
INFORMATION**
- 17-18**
- CALENDAR
JULY FINANCIALS**

BOARD OF GOVERNORS & STAFF

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*Julie Harris: Member Services Representative,
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Kim Lincke : Security

President's Letter to the Members

Dear Members,

Well hopefully all the nasty weather is behind us, I am very impressed and proud of how we all came together as a community. There was a lot of damage done around the community and for that reason I brought the County Flood Control to speak at the last COM meeting. Our Architectural directors will be surveying the area due to most of the damages being caused by broken down cars and debris coming from neighboring lots. Please remember you cannot change the flow of the water. I would suggest trying to get a Google earth shot of your local areas and report any violations. You will also need to complete a Before You Build worksheet and get the necessary permits before you start rebuilding. You can find the Before You Build worksheet at the Meadview Civic Association Office as well on our website at www.mca-az.com. Or call the MCA at (928) 564-2313 and the staff will be happy to email one to you.

Best regards,

Don Swartz





Meadview Civic Association

Snail Mail: We would need your current mailing address.

Bill Pay: This you set up from your online banking.

Credit/Debit Card: You would call or come into the office for us to process a payment.

Check: Write us a check and either bring it to the office or mail it.

Money Order: Purchase a Money Order and fill it out and either bring it to the office or mail it.

Cashier's Check: Purchase a Cashier's Check and fill it out and either bring it to the office or mail it.

Cash: Please DO NOT MAIL CASH. Please come into the office and make your payment. We will always provide you with a receipt for cash payments. (Receipts for copies or faxes upon request)

MCA Member Contact Information Form

To update your contact information, please complete this form and return it to the MCA Member Office ~ Your MCA Staff

NAME _____ DATE _____

MAILING ADDRESS _____

CITY/STATE/ZIP _____

PHONE # _____ PHONE# _____

EMAIL _____

PURPOSE...

The purpose of our Meadview Civic Association is to foster & encourage the civic advancement of our members and/or property owners. However, Social Membership applications are also cogitated.

In August of 1970, the owners of the Meadview subdivision determined that to maintain the friendly small town attraction of Meadview, a central meeting & recreational facility was needed. They set up the MCA with involuntary membership to property owners. A number of Meadview families agreed and the Articles of Incorporation were created and accepted by the State of Arizona. With an \$80,000 loan to erect the facility; construction of the lounge, kitchen and pool began January of 1971 and completed in July that same year.

MCA's Meadview Monitor

Publication Advertising Rates Bi-Monthly Publication

SIX issues per year

- Business Card—\$6 per issue or
\$36 per year
- 1/4 Page—\$10 per issue or
\$60 per year
- 1/2 Page—\$20 per issue or
\$120 per year
- Full Page—\$40 per issue or
\$240 per year

Please make checks payable to:
Meadview Civic Association

P.O. Box 217

Meadview, AZ 86444

Please take Note:

- ⇒ All ads must be paid in advance.
- ⇒ Sorry, no refunds for cancellations.
- ⇒ The MCA reserves the right to edit



Meadview Civic Association, Inc.
247 E. Meadview Blvd.
P.O. Box 217
Meadview, AZ 86444

Phone: (928) 564-2313
Fax: (928) 564-2520
E-mail: mca@citlink.net
Website: mca-az.com

Facility & Office Hours:

Facility-8am to 9pm, 7 days a week
Office-9am to 4pm, Tuesday - Friday
9am to 1pm, Saturday
CLOSED - Sunday & Monday

Preserving The Past: The Birth of the Meadview History Museum

In 2024, a passionate group of local residents came together with a shared mission: to preserve and share the rich and layered history of Meadview and its surrounding areas. Thus, the Meadview History Museum was born.

Recognizing that the stories of this region— from its prehistoric roots to its Native American heritage and pioneer legacy— deserved a wider audience, the group began collecting archival materials, oral histories, and artifacts. Their efforts were soon rewarded with the generous donation of a building next to the boathouse, which now serves as the museum's home and a hub for community engagement.

The museum continues to grow, holding regular meetings and working diligently toward securing its 501c3 nonprofit status. This milestone will help expand its reach and deepen its impact.

Meadview's history is nothing short of extraordinary. Nestled beside Grand Canyon, the area is part of a unique inholding within the Lake Mead National Recreation Area. It borders the Grand Canyon National Park and is adjacent to the Grapevine Mesa Joshua Tree Forest— designated both a National Natural Landmark and an Area of Critical Environmental Concern (ACEC).

This land has witnessed millennia of transformation. It was once home to prehistoric animals and later inhabited by Native American tribes whose cultural footprints remain etched in the landscape. As pioneers journeyed westward, they followed the Colorado River, bringing waves of settlers and miners whose stories shaped the region's modern identity.

The Meadview History Museum is committed to making this rich tapestry of history accessible to the public. Through exhibits, educational programs, and community events, the museum aims to illuminate the past and inspire future generations.

Stay tuned for updates on our progress—and come visit us to explore the legacy of Meadview!

Echoes of the Past: The Mystery of Music Mountain

Tucked away in the rugged terrain of Mohave County, Arizona, between Black Mountain and Herman's Mountain, lies a little-known geological gem with a curious name— **Music Mountain**. At first glance, it may seem like just another rocky rise in the desert landscape. But to those who have heard its haunting melodies or listened to the legends passed down through generations, Music Mountain is anything but ordinary.

Historical Roots & Forgotten Footprints

Long before prospectors and pioneers arrived in the Southwest, the land surrounding Music Mountain was home to the **Hualapai people**, whose deep spiritual connections to the desert and mountains still echo today. Evidence of ancient agave roasting pits and trails suggest the land was used for ventures as a seasonal resource site. Oral traditions hint that the region—particularly nearby mesa—may have been sacred burial grounds, lending the area a powerful spiritual resonance.

In the **early 20th century**, Music Mountain briefly captured national attention thanks to an article written by **Ray Howland**, a prospector in search of the legendary Lost Dutchman Mine. Published in Everybody's Magazine in 1928, Howland's account described strange, **musical sounds** that seemed to rise from the mountain itself—soft, melodic tones with no obvious source, even on windless days. This sparked fascination among treasure hunters and spiritual seekers alike, many of whom believed the mountain held secrets yet to be uncovered.

Though there's limited documentation of permanent settlements on Music Mountain itself, it's likely the area followed patterns seen throughout **Mohave County**: mining exploration followed by paid decline. Nearby ghost towns like Cerbat and Signal blossomed during short-lived mining booms, only to be abandoned when the veins ran dry or economic conditions changed. Harsh environments, remote locations, and unreliable access to water often sealed the fate of these early communities. Today, scattered ruins and empty homesteads serve as solemn reminders of lives once lived—and left behind.

Legends That Refuse to Fade:

The allure of Music Mountain doesn't end with its historical past. Its very name evokes the **mystical sounds** that continue to inspire speculation. Scientists and skeptics suggest natural acoustics or shifting rock formation might be responsible. But for others, the source lies beyond the natural—perhaps tied to the spirits of those who walked this land long before modern times. Adding to the mystique are **ghost stories and eerie tales** from hikers and explorers who report flickering light, fleeting shadows, and sudden cold drafts despite the desert heat. Some accounts even suggest the presence of **restless spirits**, forever tied to the land through ancient ritual or tragic loss.

Then there's the **Lost Dutchman legend**—a staple of Arizona folklore. While the mine is most commonly associated with the Superstition Mountains further south, some treasure hunters speculate that the myth may span a wider region, with Music Mountain potentially guarding a piece of mystery.

In a landscape as timeless and untamed as northwestern Arizona, Music Mountain stands as a powerful symbol of the past—a place where geology, history, and myth converge. Whether you're drawn by the mystery of its melodies, the whispers of lost souls, or simply the beauty of its silence, Music Mountain invites you to listen closely. You may find more than just echoes in the wind.

Meadview History Museum's



[HTTPS://WWW.FACEBOOK.COM-YOUTUBE.COM](https://www.facebook.com-youtube.com)

Grand Canyon: A Timeless Wonder

The Grand Canyon isn't just a geological marvel—it's a living archive of Earth's history and human heritage.

Ancient Origins: Carved by the Colorado River over the past 5–6 million years, the canyon reveals rock layers dating back 1.7 billion years.

Indigenous Legacy: Tribes like the Havasupai, Hopi, and Navajo have called the canyon home for millennia, with traditions deeply rooted in its cliffs and rivers.

Exploration Era: Spanish explorers first laid eyes on it in 1540, and John Wesley Powell's 1869 expedition helped map its depths.

Tourism & Preservation: By the early 1900s, railroads and lodges welcomed visitors. In 1919, the Grand Canyon was designated a National Park, ensuring its protection for generations.

Whether you're admiring its vastness from Meadview's rim or reflecting on its layered past, the Grand Canyon remains a symbol of endurance, beauty, and cultural richness.

HISTORY OF SPIRIT MOUNTAIN

Spirit Mountain, also known as Avi Kwa Ame, is a sacred site deeply rooted in Native American history and mythology, especially among the Mojave and Yuman tribes.

Here's a detailed look at its cultural, historical, and natural significance:

Location and Landscape

- Spirit Mountain is located in the Newberry Mountains, near Laughlin, Nevada, and visible from Bullhead City, Arizona.
- It lies within the Spirit Mountain Wilderness Area, which spans over 33,000 acres and is managed by the Bureau of Land Management and the National Park Service.
- The mountain is part of the Avi Kwa Ame National Monument, designated to protect its sacred and ecological value.

Indigenous Significance

- Avi Kwa Ame ("Spirit Mountain") is central to the creation stories of the Mojave, Chemehuevi, and Southern Paiute peoples. Many tribes—including the Hopi, Hualapai, Yavapai, and Zuni—hold it as one of the most sacred places on Earth.
- The Yuman and Mojave tribes believe all life began on this mountain, and descendants still reside on the nearby Fort Mojave Indian Reservation.

Petroglyphs and Archaeology

- Grapevine Canyon, located just south of Spirit Mountain, features ancient petroglyphs—rock carvings depicting animals, humans, and abstract symbols. These are believed to be created by indigenous peoples as spiritual or communicative expressions.
- The canyon is accessible via a short hike and is part of the Lake Mead National Recreation Area.

Natural and Recreational Value

- The region includes Joshua tree forests, desert bighorn sheep, Gila monsters, and desert tortoises.
- Visitors can enjoy hiking, wildlife watching, rock climbing, and photography, all while respecting the spiritual nature of the land.

Legal Protection and Recognition

- Spirit Mountain Wilderness was officially designated by Congress in 2002.
- In 2023, the broader Avi Kwa Ame National Monument was established to safeguard the mountain and surrounding lands from development, ensuring continued access for both spiritual and recreational uses.

**If you have a
permit, please call
before and after
you burn
(928) 767-3300**

Obtaining a Burn Permit:

Please visit our office at 16126 Pierce Ferry Rd, Dolan Springs AZ 86441 to apply for a burn permit. Your property may be subject to an inspection from our fire suppression staff before the permit becomes valid. If it is supplied by city water then this inspection may be waived.

If you have any questions about whether or not the material you wish to burn is permitted, please give us a call at 928-767-3300.

THE MEADVIEW HISTORY MUSEUM

Open on Fridays & Saturdays from 1 pm-4 pm!

The museum is located in the small building next to the Boathouse Grill and Café.

Come on down and say hello!



**FREE BELLY DANCING CLASS
EVERY
TUESDAY @ 1P.M**



Meadview

**NOVEMBER 5th
DECEMBER 3rd
subject to change**

**MCA Parking Lot
9am-Noon**

Mohave County Public Health Mobile Unit

On-the-spot, no cost services include:

Health Screenings:

- Blood pressure / Cholesterol
- Hemoglobin A1C Screen for Diabetes
- Hepatitis C / HIV / STD / UTI / Pregnancy
- INR/PT Coagulation
- Strep / Flu / RSV
- Vision / Weight Check
- Referrals to primary care and/or specialist

Mental Health Screenings:

- Edinburg Postpartum Depression
- PHQ-2 Depression
- PHQ-9 Depression
- Geriatric Depression Scale (GDS)
- General Anxiety Disorder-7 (GAD-7)
- Mini-Cog (Detect Cognitive Impairment)
- Tobacco, Alcohol, Prescription Medication, and other Substances (TAPS)

**For more information contact:
928-753-0714 x. 4586**

New Support Group...

STARTING OVER ?

Come join us at the MCA
Every other Tuesday 10am

Loss of a Spouse?

What do I do now?

Starting Over?

MCA POOL CLOSING

NOVEMBER 1ST

Please review the reminders
posted for your safety

VISIT THE MCA OFFICE IF YOU HAVE ANY
QUESTIONS.



Mt. Tipton Schools kids will be at the MCA on December 17th at 9:15a.m to spread some holiday cheer singing Christmas carols. Come join in on the fun.

And have a
MERRY CHRISTMAS!





FREE TRASH DAY



Meadview

COMMUNITY CLEANUP

Come early before the dumpsters fill.

SATURDAY, NOVEMBER 1, 2025
8:00 AM—12:00 PM

LOCATION: 55 W. Silver Creek Drive

VOLUNTEERS NEEDED. CALL FOR INFO (928) 716-4572

- *WE ACCEPT APPLIANCES**
- *WE ACCEPT TIRES OFF THE RIMS**
- *NO LOOSE TRASH, PLEASE BAG OR SECURE**
- *NO HAZARDOUS WASTE.**
- *WE ACCEPT CAR BATTERIES**



NOVEMBER 29th
CRAFT FAIR STARTS AT 9 A.M.
AT THE MEADVIEW CIVIC ASSOCIATION



Meadview Area Neighborhood Watch

This month our Neighborhood Watch Meeting will take place at the MCA on Saturday July 26th @ 10am

Bring your bagged ALUMINUM CANS for Recycling as our Fund Raiser.
Coffee & Treats Provided! Please join us!

SATURDAY NOVEMBER
22ND

@ 10:00 A.M

MEETING AT THE MCA

Traveling Residents are encouraged to call the:
24/7/365 Hotline: 928-564-5270
before departure– to be added to the safety-check “drive-by” list
A ‘**Consent for Access to Property**’ form can be obtained in the MCA Office



Post 11014 Meets 9am
2nd Sunday



VFW AUXILIARY
UNWAVERING SUPPORT FOR UNCOMMON HEROES®

You are INVITED to become a member!

Eligible VFW Veterans receive 1 year paid membership!



Post 103 Meets 9am 3rd Saturday

VFW CANTEEN OPTIONS:

MEMBERS & THEIR GUESTS are welcome to enjoy:

- Weekly Cocktail & Beer Specials
- ALL Alcoholic Beverages

EVERYONE is welcome to enjoy:

- ALL NON-Alcoholic Beverages
- Snacks, Hot-Dogs, Polish Sausages
- ATM Machine, Lotto, and ICE

EVENING GAMES & FUN OPEN TO EVERYONE:

- Pool Sunday—The Doubles Game!
- Darts Monday
- Music Wednesdays—Idaho Dan or Karaoke!
- Wii Bowling Thursday
- Shuffleboard Saturday

VFW FOOD BANK DISTRIBUTION

Meadview Area Nutritional Assistance

Food distribution is on the Second & Fourth Tuesday of each month

November ? & December 9th

Starting at about 10:00 am

VFW PARKING LOT

FOR INFORMATION CALL



*It's for the
Kids...*



*We are devoted to raising monies to be
awarded to qualifying students.*

NOVEMBER/DECEMBER 2025 QUAIL NEWS

September was a month of Firsts. First meeting of the year was well attended and enjoyed by all. Our Spaghetti Fund Raiser Dinner was a great success! Of course, Idaho Dan added a special note. Our future graduates say, "Thank You."

November's Program will be "Meadview's Time Capsule" presented by Kathi Ryoppy. Our monthly raffle will feature **Christmas items:** Santas, table clothes with napkins, potholders, hats, etc...,etc.

December will feature Christmas Caroling with Kelli Tennent and a Silent Auction of Christmas Baskets. Of course, there will be a delicious potluck. The Community is invited, we encourage your attendance; we guarantee a friendly and fun time!

IMPORTANT NOTICE ALL RESIDENTS

Please help our emergency responders identify your property by posting your address in clear view.

GPS is not always accurate in our area.
Their quick response is for you own benefit.



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928-564-2855

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- A/C
- TUNE UPS & BRAKES
- RV STORAGE
- BOAT STORAGE
- TOWING



290 E. Pueblo Dr.
Meadview, AZ 86444

(928) 564-2100

OPEN EVERYDAY 8AM-11PM

MONDAY Shuffleboard 4:00PM

TUESDAY 8 Ball/9 Ball Tournament 5:00 PM

WEDNESDAY Shuffleboard 11:00 AM

THURSDAY 8 Ball / 9 Ball Tournament 5:00 PM

FRIDAY 8 Ball / 10 Ball Tournament 5:00 PM



John K Hough

General Contractor
928 377-3173

CA 364536 ROC 324850 ROC 322327
 Septic Lic CR-41
 ROC 345839

LOUIE KIMBROUGH
 SYSTEM DESIGN/CONSULTING
928 530-7391

WALKER MOONEYHAM
 SANITARIAN/SOIL TESTING
626 826-5307



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- ◆ Design
- ◆ Conventional & Alternative Systems
- ◆ Installation

NEW BEGININGS

BREAKING THE CHAINS OF ADDICTION

MEADVIEW BAPTIST CHURCH

1035 MEADVIEW BLVD.

STARTING OCTOBER 30th

EVERY THURSDAY

5:00 pm-5:45 pm SUPPER & FELLOWSHIP

6:00pm-7:00pm LARGE GROUP WORSHIP

7:00pm-8:00pm SMALL GROUP OPEN SHARE

CHILD CARE PROVIDED

MORE INFORMATION

CALL 928-564-5377

Please join us,
everyone is welcome!

(928) 564-5305 Sunday
1035 W Meadview Blvd
Meadview, AZ 86444

Meadview Baptist Church

8:30 am - Praise Team Practice
9:30 am - Sunday Bible Study
(For all ages)
11:00 am - Worship Service
(Nursery is provided)

Monday 9:00 am — Ladies Bible Study
Wednesday 4:00 pm — Bible Study
Thursday 3:30 pm — Bible Study/Prayer
Saturday 3:30 pm — Praise Team Practice
9:00 am — The first Saturday of
every month is a Ladies & Men's
breakfast. All are welcome.

www.meadviewbaptist.com



Pastor Curtis O'Brien



**Pastor
Scott Lewis
and
Pastor's
Wife
Lisa Lewis**

Meadview Community Church

Sunday

9:30 AM Sunday School
10:45 AM Morning Worship
12:00 PM Fellowship time

Every other Wednesday

5:00 PM Adult Bible Study

Third Thursday of the Month

8:00 AM Men's Breakfast

Nov 14th Questions? Call (928) 218-1563

Friday

1:00 PM Bingo at MCA

Please confirm dates and times at:

www.meadviewcommunitychurch.com

(928) 218-1563

540 Hualapai Creek Dr

Meadview, AZ 86444



SEPTEMBER FINANCIAL REPORT 2025

November / December

MEADVIEW MONITOR

MEADVIEW CIVIC ASSOCIATION, INC
SUMMARIZED FINANCIAL REPORT

INCOME	Actual SEPT	Actual JAN YTD	Full Year Budget
MEMBERSHIP Assessment Income	\$1,940.00	\$242,732.58	\$244,000.00
Vending Income	\$32.50	\$165.00	\$220.00
Interest Income	\$379.35	\$2,795.31	\$3,167.54
Other Income	\$0.00	-\$4,332.42	-\$7,237.00
Returns / Allowances		\$0.00	
Uncategorized Income	\$0.00	\$45.00	\$100.00
Total Income	\$2,351.85	\$241,405.47	\$240,250.54
COST OF GOODS SOLD			
Vending machine Supplies	\$0.00	\$216.37	\$355.00
Total COGS	\$2,351.85	\$241,189.10	\$250,900.00
EXPENSES			
Payroll / Taxes	\$10,242.97	\$92,122.29	\$109,366.88
	\$0.00		
Admin Expenses	\$1,608.50	\$27,058.99	\$41,472.00
Maint / Repairs	\$1,584.63	\$12,598.79	\$15,000.00
Outside Services	\$23.50	\$23.50	\$100.00
Bank Service Charge	\$0.00	\$60.00	\$120.00
Insurance	\$1,544.20	\$9,686.04	\$12,700.00
Internet	\$164.73	\$164.73	\$500.00
Telephone Expense	\$1,092.71	\$5,644.65	\$6,778.30
Utilities	\$1,723.92	\$15,283.34	\$20,240.00
Professional Fees	\$961.74	\$5,917.20	\$7,300.00
Property Taxes			
Miscellaneous Expense			
Total Expense	\$18,946.90	\$168,559.53	\$212,977.18
NET INCOME	-\$16,595.05	\$72,629.57	\$122,000.00
Month End Assets Balance as of: September 30, 2025			
Checking / Savings			
2209 PAYROLL ACCOUNT	\$11,324.56		
2217 GENERAL ACCOUNT	\$172,785.70		
2920 CD ACCOUNT	\$109,370.55		
5291 MONEY MARKET ACCOUNT	\$13,191.59		
PETTY CASH	\$415.57		
Total	\$307,087.97		
ACCOUNTS RECEIVABLE	-\$4,141.36		
ACCOUNT FOR CREDIT TRANSFER	-\$50.00		
UNDEPOSITED FUNDS	\$370.00		
GRAND TOTAL	\$303,266.61		

WE HAVE A BALANCE OF
\$166,904.04
OF UNPAID MEMBERSHIP
DUES

NOVEMBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 7:00 A.M. FARMER'S MARKET 8:30AM RIDERIDERS
2	3 10AM FIT SIT & STRETCH	4 ELECTION DAY 10AM STARTING OVER 1 P.M BELLY DANCING	5 9A.M HEALTH VAN 9:A.M FIT SIT & STRETCH 10A.M BUSY HANDS	6 10:AM COM MEETING	7 10A.M FIT SIT & STRETCH 11:00 BINGO	8
9	10 10: A.M FIT SIT & STRETCH	11 9:A.M VFW FOOD DRIVE 11:AMQUAIL BOARD MEETING 1 PM BELLY DANCING	12 9: A.M FIT SIT & STRETCH 10: A.M BUSY HANDS	13	14 10:FIT SIT & STRETCH 11:00A.M BINGO	15 7: A.M FARMER'S MARKET
16	17 10 A.M FIT SIT & STRETCH	18 9AM QUAIL 10AM STARTING OVER IPM BELLY DANCING	19 9A.M HEALTH VAN 9:A.M FIT SIT & STRETCH 10:00 A.M BUSY HANDS	20 1PM LMRFD MEMBER MEETING	21 10 A.M FIT SIT & STRETCH 11:00 A.M BINGO	22 10:A.M NEIGHBOR- HOOD WATCH
23	24 10: A.M FIT SIT & STRETCH	25 1PM BELLY DANCING	26 9 A.M FIT SIT & STRETCH 10: A.M BUSY HANDS	27 	28 10 A.M FIT SIT & STRETCH	29 9AM CRAFT FAIR
30						

DECEMBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10: A.M FIT SIT & STRETCH	2	3 9 A.M HEALTH VAN 9AM FIT SIT &STRETCH 10AM BUSY HANDS	4 10AM COM MEETING	5 10 A.M FIT SIT & STRETCH 11 A.M BINGO	6 7:A.M FARMER'S MARKET
7	8 10 A.M FIT SIT & STRETCH	9 9AM VFW FOOD DRIVE 11AM QUAIL BOARD MEETING IPM BELLY DANCING	10 9A.M FIT SIT & STRETCH 10:A.M BUSYHANDS	11	12 10 A.M FIT SIT & STRETCH 11 A.M BINGO	13
14	15 10: A.M FIT SIT & STRETCH	16 9:AM QUAIL MEETING 10AM STARTING OVER IPM BELLY DANCE	17 9:A.M FIT SIT & STRETCH 10A.M BUSY HANDS	18 1PM LMRFD MEMBER MEETING	19 10A.M FIT SIT & STRETCH 11 A.M BINGO	20 7A.M FARMER'S MARKET
21	22 10:A.M FIT SIT & STRETCH	23 IPM BELLY DANCING	24 9 A.M FIT SIT & STRETCH 10 A.M BUSY HANDS	25 	26 10 A.M FIT SIT & STRETCH 11 A.M BINGO	27
28	29 10:00 A.M FIT SIT & STRETCH	30 10AM STARTING OVER IPM BELLY DANCE	31 9 A.M FIT SIT & STRETCH 10:00A.M BUSY HANDS			